

## Acknowledgements

Cowbridge Food and Drink Festival Committee thank all our sponsors and supporters for their help with the 2017 Festival

- **Funders:** Big Lottery Fund, Heritage Lottery Fund and Welsh Government
- **Sponsors:** Heart, Infographics, Nisbets, Macey Owen Accountants and Norma Davies Opticians
- **Major Contributors:** Arthur John & Co, The John Family as a whole, Vale 4x4

**Further thanks go to:** Colwinston & Llysworney Women's Institute, Co-operative Food, Cowbridge Charter Trust, Cowbridge Chamber of Trade, Cowbridge Comprehensive School, Cowbridge Cricket Club, Cowbridge Guide, Cowbridge Health Centre, Cowbridge Rotary Club, Effective Communications, Glamorgan Young Farmers' Club, Lloyds Bank plc, Llwynhelig Farm, South Wales Police, St Johns Ambulance, Watts Coaches, all committee members and all the town traders.

## Forward by Russ James, Chair of Cowbridge Food and Drink Festival

As Chair of the Cowbridge Food and Drink Festival, I'm really please to welcome you to another great year. The team have worked really hard to deliver a corker with a really varied programme of demos and activities and a great range of exhibitors as ever.

Cowbridge is an amazing town and community which is well worth exploring at any time, and over Whitsun weekend they love to celebrate with all things food and drink.

We are still three open air food sites with as much seating as we can cram in with all the traders but hopefully you'll find somewhere to rest between browsing. Arthur John Car Park remains our biggest site and also hosts the demos and live fire demos. Old Hall Gardens continues to grow with family activities and exhibitors. And our new site this year is The Duke of Wellington where the Car Park holds a lovely selection of food exhibitors and inside you will find great crafters with all hand made products made by the exhibitor themselves.

Our Heritage Lottery Funded Forgotten Foods projects comes to fruitions at Old Hall Gardens with an exciting line-up of demos with a historical focus all presented by Fran Donovan, who has been at the festival almost as long as me and Polly!

Big Lottery Fund has also granted us an Award For All in relation to our demo programme so all these will focus on Great Food on a Budget and includes collaborations with Vale Food Bank. The grant has also allowed us to launch the first Community Fridge in South Wales - a communal fridge to be sited in a prominent site where surplus food is shared between people in a community, by local businesses and individuals. The surplus food is deposited by those who can (an allotment glut or day leftovers from a cafe or shop). This can then be taken free of charge by anyone who needs it whether you've forgotten your lunch or haven't a means to pay. The idea is to reduce waste by offering it to those who can use it. Please visit the fridge and find out more at Old Hall Gardens before it is moved to its permanent site in Cardiff where hopefully the concept will gather pace as it has across the UK. We're so excited to be spearheading this project.

We pride ourself on supporting emerging businesses and this year over 20% have been trading less than 3 years (30% less than 5 years). Over 85% of our stalls are held by Welsh exhibitors.

So please explore and support our great exhibitors and our amazing town which is of course here all year round!

Russ James, Chair



## FORGOTTEN FOODS

### Forgotten Foods Demo Old Hall Gardens

#### Sunday 27th May

- 11:00 The History Chefs  
12:00 Clare Williams, Penylan Preserves  
13:00 Lauren, Parc Y Dderwen  
14:00 Michele, Edible Living  
15:00 Geraldine, Billys Bread  
16:00 Aled Byron, Mr Laverman

#### Monday 28th May

- 11:00 Shellys Foods  
12:00 Alyson Farmers Finest Pembrokeshire  
13:00 Ruth, Cwm Farm Charcuterie  
14:00 Lia, Lia's Kitchen  
15:00 The History Chefs

Thanks to the Heritage Lottery fund we are expanding on the project started in 2017 called Forgotten Foods. This year visitors will be treated to lots of exciting trips back in time. Food and History fans will be able to join Fran Donovan - who is hosting the demos - in learning from producers and experts in their field. The schedule welcomes back the History Chefs and will include foraged salads, Nettle pie, real sourdough bread, traditional laverbread, pickled and fermented food and much more.

The demo producers will be on hand at their own stall to allow more tastings, answer questions and sell their produce.

### Forgotton Foods Exhibitors List

**Billys Bread** - [www.billysbread.co.uk](http://www.billysbread.co.uk)  
**Cwm Farm Charcuterie** [www.cwmfarm.co.uk](http://www.cwmfarm.co.uk)  
**Edible Landscaping** [www.ediblelandscaping.co.uk](http://www.ediblelandscaping.co.uk)  
**Farmers Finest Pembrokeshire** [www.facebook.com/Farmers-Finest-Pembrokeshire](http://www.facebook.com/Farmers-Finest-Pembrokeshire)  
**History Chefs** [www.thehistorychefs.co.uk](http://www.thehistorychefs.co.uk)

**Lia's Kitchen** [www.glamorgan.btcc.co.uk](http://www.glamorgan.btcc.co.uk)  
**Mr Laverman** [twitter.com/mr\\_laverman?lang=en-gb](https://twitter.com/mr_laverman?lang=en-gb)  
**Parc Y Dderwen** [www.facebook.com/ParcyDderwen](http://www.facebook.com/ParcyDderwen)  
**Penylan Preserves** [www.facebook.com/penylanpreserves](http://www.facebook.com/penylanpreserves)

### Old Hall Gardens

This year Old Hall Gardens is host to our Forgotten Foods project, a sheep hunt and face painting for the younger visitors and sees the launch of South Wales' first Community Fridge! There will be coracle making, traditional crafts such as willow weaving and spinning, a lovely array of food to buy and we are pleased to welcome back UK Falconry who are always a big hit with visitors of all ages. There is also the opportunity to make your own clay pot! On Monday there is free plant pot and seed sewing.

### Old Hall Gardens Exhibitors List

**Ave a Go Ceramics** [www.aveagoceramics.co.uk](http://www.aveagoceramics.co.uk)  
**Charles Taylor** [www.charlestaylortrading.com](http://www.charlestaylortrading.com)  
**Coracle Making Society** (Sunday) [www.coraclesociety.org.uk](http://www.coraclesociety.org.uk)  
**Crafts by the Sea** [www.facebook.com/murkywindow](http://www.facebook.com/murkywindow)  
**Face Painting - Fun Foundations** [www.funfoundationsdaynursery.co.uk](http://www.funfoundationsdaynursery.co.uk)  
**Falconry UK** - [www.falconry-uk.org](http://www.falconry-uk.org)  
**Handlebar Barista** [www.handlebarbarista.co.uk](http://www.handlebarbarista.co.uk)  
**History Chefs** [www.thehistorychefs.co.uk](http://www.thehistorychefs.co.uk)

**Plant Pot Making** (Monday)  
**Prostate Cymru** [www.prostatecymru.com](http://www.prostatecymru.com)  
**Riverford Organic Farms** [www.riverford.co.uk](http://www.riverford.co.uk)  
**RSPB** - [www.rspb.org.uk](http://www.rspb.org.uk)  
**SamosaCo** - [www.samosaco.co.uk](http://www.samosaco.co.uk)  
**Taffy's Treats** - [www.facebook.com/taffystreatsfudge](http://www.facebook.com/taffystreatsfudge)  
**The Greedy Pig** [www.facebook.com/thegreedypig](http://www.facebook.com/thegreedypig)  
**Woodland Trust** [www.woodlandtrust.org.uk](http://www.woodlandtrust.org.uk)  
**World Wildlife Fund** [www.wwf.org.uk](http://www.wwf.org.uk)

### Craft Fayre Exhibitors List

**Eastern Sapphire Pyrography** [www.easternsapphiredesigns.com](http://www.easternsapphiredesigns.com)  
**Hazel Martin**  
**Jenny Lambert** [www.jennylambertart.com](http://www.jennylambertart.com)  
**Liquorice Felts**  
**Liz Rundle**

**LOStudio** - [www.lostudio.co.uk](http://www.lostudio.co.uk)  
**Siramik Pottery** [www.siramik.co.uk](http://www.siramik.co.uk)  
**Sue Roberts**  
**Thornbush Hill** [www.thornbushhill.com](http://www.thornbushhill.com)

## Duke of Wellington

This year we are pleased to be holding a designated Craft Fayre in the Duke of Wellington Ballroom. Visitors will be treated to high quality home produced crafts such as Siramik pottery, some beautiful vintage clothing, greetings cards, art, jewellery and more.

### Duke of Wellington Exhibitors List

**Coity Bach Produce** [www.coitybach.co.uk](http://www.coitybach.co.uk)  
**Good & Proper Brownies** [www.facebook.com/GoodandProperbrownies](http://www.facebook.com/GoodandProperbrownies)  
**Original Goodfillas Company** [www.originalgoodfillas.co.uk](http://www.originalgoodfillas.co.uk)  
**Parva Spices** [www.parva-spices.co.uk](http://www.parva-spices.co.uk)  
**Sam's Meat Roasts & Burgers**  
**Science Cream** [www.sciencecream.co.uk](http://www.sciencecream.co.uk)

**Shirley's Raw Chocolate** [www.facebook.com/Shirleys-Homemade-Raw-Chocolate-178909242313017](http://www.facebook.com/Shirleys-Homemade-Raw-Chocolate-178909242313017)  
**Sim's Foods Limited** [www.samosaco.co.uk](http://www.samosaco.co.uk)  
**Tast Natur** - [www.tastnatur.com](http://www.tastnatur.com)  
**Welsh Confection** [www.etsy.com/uk/shop/TheWelshConfection](http://www.etsy.com/uk/shop/TheWelshConfection)  
**Worthy Cheddar** [www.worthycheddar.com](http://www.worthycheddar.com)

### Food Demo Theatre Arthur John Site, North Road

#### Sunday 27th May

- 10:15 Sian Bassett-Roberts, Loving Welsh Food  
11:30 Tom, Bar 44  
12:30 Ready Steady Cook! In association with Taff-Ely Food Bank  
13:30 Tomos a Lliford Brewery  
14:30 Beca Lyne-Pirkis, Chef, Food writer and TV presenter  
15:30 Caerwyn, Bored of Beans

#### Monday 28th May

- 10:15 Tom, Bar 44  
11:30 Lisandros, Meat and Greek  
12:30 Becca, Wasteless Suppers  
13:30 Shampan of Cowbridge  
14:30 Imran Nathoo, Food blogger  
15:30 Tom, Hare and Hounds Aberthin

**Live Fire Demos - Adjacent to Demo Theatre**, presented by Shauna and Sam, Hangfire Smokehouse

### Arthur John Exhibition Site

**Afan Vale Chocolates Ltd** [www.afanvalechocolates.co.uk](http://www.afanvalechocolates.co.uk)  
**Alex Gooch Bakery** [www.alexgoochbaker.com](http://www.alexgoochbaker.com)  
**The Artisan Cake** [www.artisancakes.co.uk](http://www.artisancakes.co.uk)  
**The Artisan Cook** [www.theartisancook.co.uk](http://www.theartisancook.co.uk)  
**Asiaspicebox.com** - [www.asiaspicebox.com](http://www.asiaspicebox.com)  
**Baked by Mel** - [www.barabrith.co](http://www.barabrith.co)  
**Bearded Taco** [www.facebook.com/thebeardedtaco](http://www.facebook.com/thebeardedtaco)  
**Blaenaafon Cheddar** [www.chunkofcheese.co.uk](http://www.chunkofcheese.co.uk)  
**Bont Brew Ltd** - [www.bontbrew.com](http://www.bontbrew.com)  
**Brybeque Sauce** - [www.brybeque.co.uk](http://www.brybeque.co.uk)  
**CELTIC COUNTRY Wines** [www.celticwines.co.uk](http://www.celticwines.co.uk)  
**Chocolate Brownie Company Ltd** [www.chocbrownieco.co.uk](http://www.chocbrownieco.co.uk)  
**Cottage Sweets** - [www.cottagesweets.co.uk](http://www.cottagesweets.co.uk)  
**Cowbridge Food Assembly** [www.facebook.com/cowbridgefoodassebly](http://www.facebook.com/cowbridgefoodassebly)  
**Cowpots Icecream** [www.cowpotsicecream.co.uk](http://www.cowpotsicecream.co.uk)  
**Cwm Deri Vineyard** [www.cwm-deri.co.uk](http://www.cwm-deri.co.uk)  
**Da Mhile Distillery** - [www.damhile.co.uk](http://www.damhile.co.uk)  
**Delicia Cakes and Teas** [www.deliciacakesandteas.co.uk](http://www.deliciacakesandteas.co.uk)  
**Drwytho** - [www.drwytho.co.uk](http://www.drwytho.co.uk)  
**Eccentric Gins** - [www.eccentricgin.com](http://www.eccentricgin.com)  
**Farmers Pantry** [www.farmerspantryltd.co.uk](http://www.farmerspantryltd.co.uk)  
**Field Bar Wine** - [www.fieldbarwine.co.uk](http://www.fieldbarwine.co.uk)  
**Flapjack Fairy** - [www.flapjackfairy.co.uk](http://www.flapjackfairy.co.uk)  
**Fudge Box**  
**Garlic Farm** - [www.thegarlicfarm.co.uk](http://www.thegarlicfarm.co.uk)  
**Gilly's** - [www.gillysfoods.com](http://www.gillysfoods.com)  
**Glam Lamb** - [www.glamlamb.co.uk](http://www.glamlamb.co.uk)  
**Gourmet Meat Centre (Seasons)** [www.naturalgame.co.uk](http://www.naturalgame.co.uk)  
**Gwatkin Cider Company Ltd** [www.gwatkincider.co.uk](http://www.gwatkincider.co.uk)  
**Gwynt y Draig** - [www.gwyntcider.com](http://www.gwyntcider.com)  
**Hallets Real Cider** [www.halletsrealcider.co.uk](http://www.halletsrealcider.co.uk)  
**Handmade Scotch Egg Co** [www.handmadescotchegg.co.uk](http://www.handmadescotchegg.co.uk)  
**Hang Fire Limited** [www.hangfiresouthernkitchen.com](http://www.hangfiresouthernkitchen.com)

**Hare & Hounds** [www.hareandhoundsaberthin.com](http://www.hareandhoundsaberthin.com)  
**Herbs in Wales** - [www.herbsinwales.co.uk](http://www.herbsinwales.co.uk)  
**Lilo's** - [www.lilospasta.com](http://www.lilospasta.com)  
**Laeth y Llan / Village Dairy** [www.villagedairy.co.uk](http://www.villagedairy.co.uk)  
**Magic Knife Company** [www.magic-knife.co.uk](http://www.magic-knife.co.uk)  
**Meat And Greek** [www.meatandgreek.co.uk](http://www.meatandgreek.co.uk)  
**Miss Daisy's Kitchen** [www.missdaisyskitchen.co.uk](http://www.missdaisyskitchen.co.uk)  
**Mr Croquewich** [www.mrcroquewich.co.uk](http://www.mrcroquewich.co.uk)  
**Old Cogan Hall Farm** [www.oldcoganhallfarm.com](http://www.oldcoganhallfarm.com)  
**Oyster Meister** - [www.oystermeister.com](http://www.oystermeister.com)  
**Parsnipship** - [www.theparsnipship.co.uk](http://www.theparsnipship.co.uk)  
**Seabreeze Aberdovey** [www.seabreeze-aberdovey.co.uk](http://www.seabreeze-aberdovey.co.uk)  
**Shelly's - The Welsh Shortbread Co** [www.shellysfoods.co.uk](http://www.shellysfoods.co.uk)  
**Sim's Foods Limited** [www.samosaco.co.uk](http://www.samosaco.co.uk)  
**Slade Farm Organics** [www.sladefarmorganics.com](http://www.sladefarmorganics.com)  
**Snowdonia Cheese Co Ltd** [www.snowdoniachese.co.uk](http://www.snowdoniachese.co.uk)  
**Sorai** - [www.sorai.co.uk](http://www.sorai.co.uk)  
**Stainswick Farm Oil LLP** [www.stainswickfarm.co.uk](http://www.stainswickfarm.co.uk)  
**Taste of Persia** [www.facebook.com/Taste-of-Persia-484544625058189](http://www.facebook.com/Taste-of-Persia-484544625058189)  
**Teifi Cheese** [www.teificheese.co.uk](http://www.teificheese.co.uk)  
**The Hive** [www.thehiveaberaeron.com](http://www.thehiveaberaeron.com)  
**Tipsy Fruit Gins** - [www.britishcassis.co.uk](http://www.britishcassis.co.uk)  
**Tomos a Lliford Brewery** [www.tomosalifford.co.uk](http://www.tomosalifford.co.uk)  
**Vale Cider** - [www.valecider.co.uk](http://www.valecider.co.uk)  
**Vale Roast Meat Company** - 07974 867412  
**Van Goffi** - [www.vangoffi.co.uk](http://www.vangoffi.co.uk)  
**Varsity Coffee** - [www.varsitycoffee.co.uk](http://www.varsitycoffee.co.uk)  
**Wessex Pantry** - [www.wessexpantry.co.uk](http://www.wessexpantry.co.uk)  
**White Heron Brands** [www.whiteheronbrands.co.uk](http://www.whiteheronbrands.co.uk)  
**Woodn it be nice** - [www.wibnice.co.uk](http://www.wibnice.co.uk)



Design By: Danny Jones  
[www.djonesgraphics.co.uk](http://www.djonesgraphics.co.uk)

With huge thanks to:  
Arthur John & Co, without whom there would be no festival



Corporate Sponsors

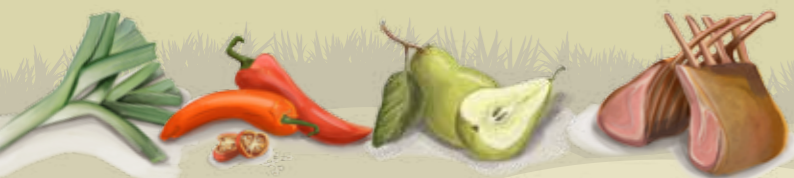


Food Festival Funders

# Cowbridge Food & Drink Festival

27 - 28 May 2018

A great family day out!





# COWBRIDGE FOOD AND DRINK FESTIVAL 2018

## 1 - Food and Drink Exhibitors

Arthur John Site holds 80+ exhibitors, largely Welsh & small producers, excellent quality & range, many offering samples.

## 2 - Food Demos

Within the Arthur John Site, free to ticket holders - a varied programme of Great Food on a Budget demos, courtesy of the Big Lottery Fund, including Live Fire sessions hosted by Hang Fire.

## 3 - The Duke Site

More great food exhibitors in the car park and beautiful Craft Fayre just opposite and inside the function room.

## 4 - Old Hall Gardens Fringe Festival

Home to lots of family fun from owls and sports to hands-on crafts and face painting. Plus even more foodie offerings.

## 5 - Forgotten Foods

A historical look at food production, storage and consumption including some lovely stalls making use of these heritage skills including the History Chefs. Courtesy of The Heritage Lottery Fund.

## 6 - First Aid Point

St John's Ambulance will be based just opposite the Arthur John Site, as well as extra toilet provision.

## 7 - Real Ale Festival

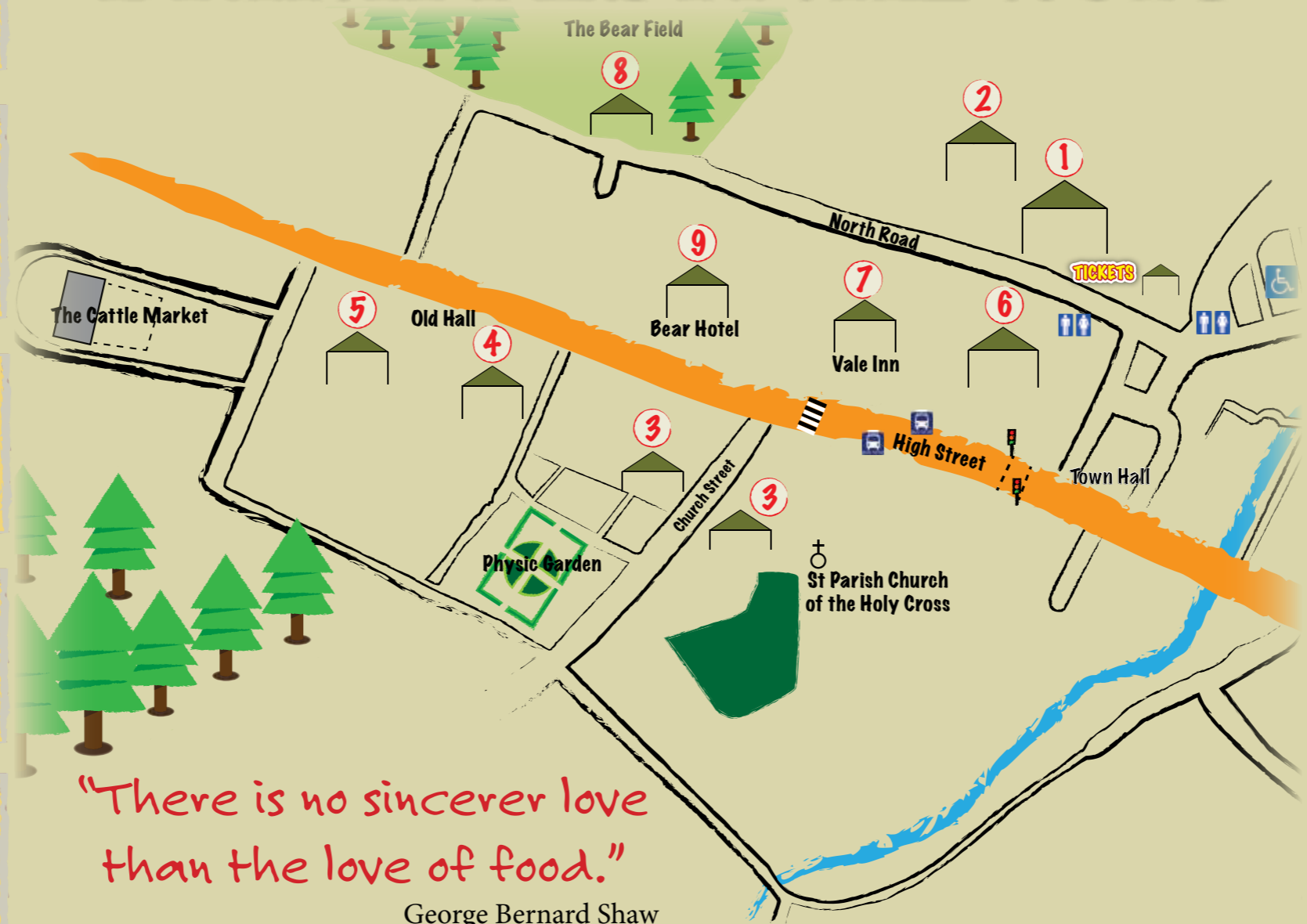
The Vale of Glamorgan Inn source some amazing brews from across Wales & serve until it runs out!

## 8 - Champagne Marquee

This year the location is Bear Field, the marquee is run by The Bear Hotel, with music by Aubrey.

## 9 - Bear Hotel

A whole host of foodie activities throughout the weekend.



*"There is no sincerer love than the love of food."*

George Bernard Shaw

NB: Cowbridge Food Festival Ltd are responsible for activities and sites at the Arthur John & Vale Forge Car Parks, Old Hall Gardens and loos at Lloyds TSB Car Parks. All other activities are managed by businesses and NOT the Cowbridge Food and Drink Festival Organising Committee.

